

How to Shadow?

Want to shadow at Forest Heights? Please follow the steps below. We look forward to seeing you!

- 1) Have a parent call or **email** Mrs. Martha Christie (girls' counselor) or Elliott Johnson (boys' counselor)
- 2) Request a date and/or a student you would like to shadow
- 3) Please be specific with programs you would like to see, specific classes, or students that you want to shadow (we will do our best to honor your request)
- 4) Most students arrive around 9am and stay until approximately 2:45 unless other arrangements have been agreed upon
- 5) Visiting students should bring a lunch or money for a lunch. Also, you should bring a book to read in case the class is taking a test
- 6) A parent needs to drop you off and pick you up
- 7) All shadows need to check in at the front desk with Ms. Burl or Ms. Higgins to receive a visitor's pass

Contact either counselor to schedule a tour, shadow, or need more information about Forest Heights MS

Mrs. Martha Christie, 447 – 2704, Martha.christie@lrsd.org

Mr. Elliott Johnson, 447 – 2737, elliott.johnson@lrsd.org